

LEARNING STYLES INVENTORY

VISUAL

Not Like Me ← → Like Me

- | | | | | | |
|----|--|---|---|---|---|
| 1 | I feel the best way to remember something is to picture it in my head. | 1 | 2 | 3 | 4 |
| 2 | I typically prefer information to be presented visually. | 1 | 2 | 3 | 4 |
| 3 | I typically follow written instructions better than oral ones. | 1 | 2 | 3 | 4 |
| 4 | I am skillful at designing graphs, charts, and other visual displays. | 1 | 2 | 3 | 4 |
| 5 | I am good at putting jigsaw puzzles together. | 1 | 2 | 3 | 4 |
| 6 | I excel at visual arts. | 1 | 2 | 3 | 4 |
| 7 | I tend to take notes during verbal discussions/lectures to review later. | 1 | 2 | 3 | 4 |
| 8 | I easily understand and follow directions on maps. | 1 | 2 | 3 | 4 |
| 9 | I remember best by writing them down or drawing pictures & diagrams. | 1 | 2 | 3 | 4 |
| 10 | Facial expressions and body language help me understand better. | 1 | 2 | 3 | 4 |

SCORE: _____

AUDITORY

Not Like Me ← → Like Me

- | | | | | | |
|----|--|---|---|---|---|
| 1 | I follow oral directions better than written ones. | 1 | 2 | 3 | 4 |
| 2 | I often would rather listen to a lecture than read the material in a textbook. | 1 | 2 | 3 | 4 |
| 3 | I frequently require explanations of diagrams, graphs, or maps. | 1 | 2 | 3 | 4 |
| 4 | I often prefer to listen to the radio than read a newspaper. | 1 | 2 | 3 | 4 |
| 5 | I frequently sing, hum or whistle to myself. | 1 | 2 | 3 | 4 |
| 6 | I am verbally articulate and enjoy participating in discussions or debates. | 1 | 2 | 3 | 4 |
| 7 | I frequently use musical jingles to learn things. | 1 | 2 | 3 | 4 |
| 8 | I often talk to myself when alone. | 1 | 2 | 3 | 4 |
| 9 | I would rather listen to music than view a piece of art work. | 1 | 2 | 3 | 4 |
| 10 | I often tell jokes, stories and make verbal analogies to demonstrate a point. | 1 | 2 | 3 | 4 |

SCORE: _____

TACTILE

Not Like Me ← → Like Me

- | | | | | | |
|----|---|---|---|---|---|
| 1 | I am constantly fidgeting (e.g. tapping pen, playing with keys in my pocket). | 1 | 2 | 3 | 4 |
| 2 | I work skillfully with my hands to make or repair things. | 1 | 2 | 3 | 4 |
| 3 | I usually prefer to stand while working. | 1 | 2 | 3 | 4 |
| 4 | I generally talk at a fast pace and use my hands to communicate. | 1 | 2 | 3 | 4 |
| 5 | I am excellent at finding my way around even in unfamiliar surroundings. | 1 | 2 | 3 | 4 |
| 6 | I am always on the move. | 1 | 2 | 3 | 4 |
| 7 | I excel at sports. | 1 | 2 | 3 | 4 |
| 8 | I'm an avid collector. | 1 | 2 | 3 | 4 |
| 9 | I need to actively participate in an activity to learn how to do it. | 1 | 2 | 3 | 4 |
| 10 | I frequently touch or hug others as a show of friendship and camaraderie. | 1 | 2 | 3 | 4 |

SCORE: _____